



DISCUSSION QUESTIONS

November 17 | Matthew 6:25-34

1) Read Matthew 6:19-34... Jesus uses a "Therefore..." (ESV) or "That is why..." (NLT) to connect verses 19-24 to verses 25-34. What is the connection between these two sections of Jesus' Sermon on the Mount?

2) In Matthew 6:25-34 Jesus tell us not to worry, and then gives several reasons why we should not worry. What are some of those reasons?

Jesus tells us to "look" (v. 26) and "consider" (v. 28) examples of God's provision from what we can see around us. Consider the people around you and consider yourself: how has God already demonstrated His provision?

3) In Matthew 6:32 Jesus tells us that the Gentiles, or unbelievers, pursue food, drink, and clothing. What comparison or contrast is Jesus wanting us to see between unbelievers and citizens of the heavenly kingdom?

4) Read Matthew 6:34... What is the difference between planning for the future and worrying about the future?

What are some signs to help you identify when your planning has crossed into something that is unhealthy?

5) Read Philippians 4:4-9... From these verses, what are some practices that we can use to battle the worries and anxieties that plague us?

What can you watch, read, or listen to this week to fuel Philippians 4:8 kind of thoughts?